



ROSALYN
SPA

ENGLISH



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HOTELS AND RESORTS

KHAO LAK RESORT



OUR STORY

At Rosalyn Spa, we represent the ancient Thai health care tradition, which has been passed down from generation to generation over the past 1,000 years. Throughout Thai culture and other cultures around the world, the belief is that the human anatomy consists of four elements.

In addition, we have chosen to focus on one of them, the earth, as the main environmental element of the spa. Rosalyn Spa's treatment concept is based on the principle of balancing the chakras to enhance the smooth flow of energy in the body. Natural and powerful essential oils are captured in our unique massage oil. Rosalyn Spa's unique use of aromatherapy techniques creates an experience of harmony and balance.

Believing in the healing power of essential plants, we have carefully created a collection of aromatic products under the aromatherapy philosophy so that they can provide the maximum benefits of their tailored healing powers. Improve physical, mental, and emotional well-being





SIGNATURE PACKAGES

VICHY HYDROTHERAPY

75 minutes

Experience a sensory journey with warm water from showerheads aligned to your spine. This treatment stimulates circulation, energizes the body, and provides deep relaxation for a true sense of renewal.

Package Included: Steam, Mini Massage, Scrub and shower.

INDULGE BODY BALANCE

120 minutes

Our specifically designed exfoliation treatment using natural products will leave you with a great feeling of revitalized, invigorated, and glowing, healthy skin.

Package Included Massage and Facial.

ROSALYN COCONUT PARADISE

150 minutes

Escape to a tropical paradise with the hydrating power of coconut. This luxurious package nourishes your skin and calms your senses for total rejuvenation.

Package Included: Body Scrub, Massage, Head Massage.

SIGNATURE PACKAGES

HEALING STONE MASSAGE

90 minutes.

Healing Stone Massage Therapy is very effective in creating harmony and positive energy flow thus promoting a sense of balance, energy and peace. The stones also help to open up your chakras and meridians throughout the body during the massage.

AYURVEDA EXPERIENCE

120 minutes.

Immerse yourself in ancient Ayurveda with this holistic journey to balance body, mind, and spirit. Rooted in a 5,000-year tradition, it combines natural therapies and personalized treatments for harmony and well-being

Package Included: Ayurveda Marma point massage and Indian head massage.

REBALANCE BODY ELEMENT

165 minutes.

Experience a unique blend of ancient Thai herbal traditions and healing stones. This treatment combines warm herbal compresses and therapeutic stones for deep restoration, balancing the body, easing tension, and rejuvenating the spirit.

Package Included: Steam, Scrub or Body wrap, Sound therapy, Massage and healing stone face treatment.

COUPLE RETREAT

160 minutes .

Enjoy an unforgettable romantic experience with our rose-scented treatment.

Start with body exfoliation, followed by a soothing bubble bath, an aromatherapy massage, and a custom facial with scalp massage for a truly memorable moment.

Package Included: Body Scrub ,Milk Bath, Massage and Facial.

MASSAGES

TRADITIONAL THAI MASSAGE

60/90 minutes

A blend of Thai and yoga stretches to enhance flexibility, release blockages, and restore energy flow, promoting deeper body reconnection beyond relaxation.

DEEP-TISSUE MASSAGE

60/90 minutes.

Deep tissue massage relieves chronic pain, reduces stress, and improves posture. It helps break up scar tissue, reduce inflammation, and boost circulation, easing tension, pain, and improving mobility.

BALINESE MASSAGE

60/90 minutes.

Experience the healing traditions of Bali with our Balinese Massage, blending gentle stretches, acupressure, and deep tissue techniques to restore energy, promote relaxation, and balance body and mind.

ROSALYN SIGNATURE MASSAGE

60/90 minutes.

Relax with this specialized treatment from Rosalyn Spa, designed to release muscle tension in the back, shoulders, and neck. Feel the difference with every soothing touch.

OFFICE SYNDROME MASSAGE

60 minutes.

An office syndrome massage targets muscle stiffness, limited movement, and chronic pain common in office workers. Using deep tissue techniques, it relieves tension and promotes relaxation."

THAI FUSION MASSAGE

90 minutes.

Combination of Thai and Aromatherapy massage with medium to firm pressure to soothe all aches improve blood circulation and stimulate energy flow.

THAI HERBAL COMPRESS MASSAGE

90 minutes.

Thai herbal compress is a traditional treatment using heated herbal packs to relieve pain, reduce inflammation, and promote relaxation.

RELAXING CANDLE MASSAGE

90 minutes.

Elevate your relaxation with a Candle Massage, blending warm candle wax and a nourishing massage to melt away stress and tension.

ADDS ON

STEAM

30 minutes.

Enjoy a calm and peaceful moment in our steam room while your body will rejuvenate with our herbal selection.

AROMA ROSE BATH

30 minutes.

Bathing in roses is known as a powerful mood enhancer. Apart from being a detox for your body, it will also help you sleep better.

EXPRESS MASSAGES

(Each 30 Minutes.)

FOOT MASSAGE

Indulge in the rejuvenating benefits of our Foot Massage and experience the perfect way to relax and unwind. Treat yourself to a moment of pampering that focuses on one of your body's most hardworking parts.

BACK NECK AND SHOULDER MASSAGE

Treat yourself to the ultimate relaxation experience with our Back, Neck, and Shoulder Massage. Let our skilled therapist's help you melt away tension and rejuvenate your body.

INTENSIVE HEAD MASSAGE

Indulge in the calming benefits of our Dry Head Massage and discover a world of relaxation and rejuvenation. Perfect for any occasion, this treatment is a wonderful way to take a break from your busy day and recharge your mind and body.

AROMA FACE MASSAGE

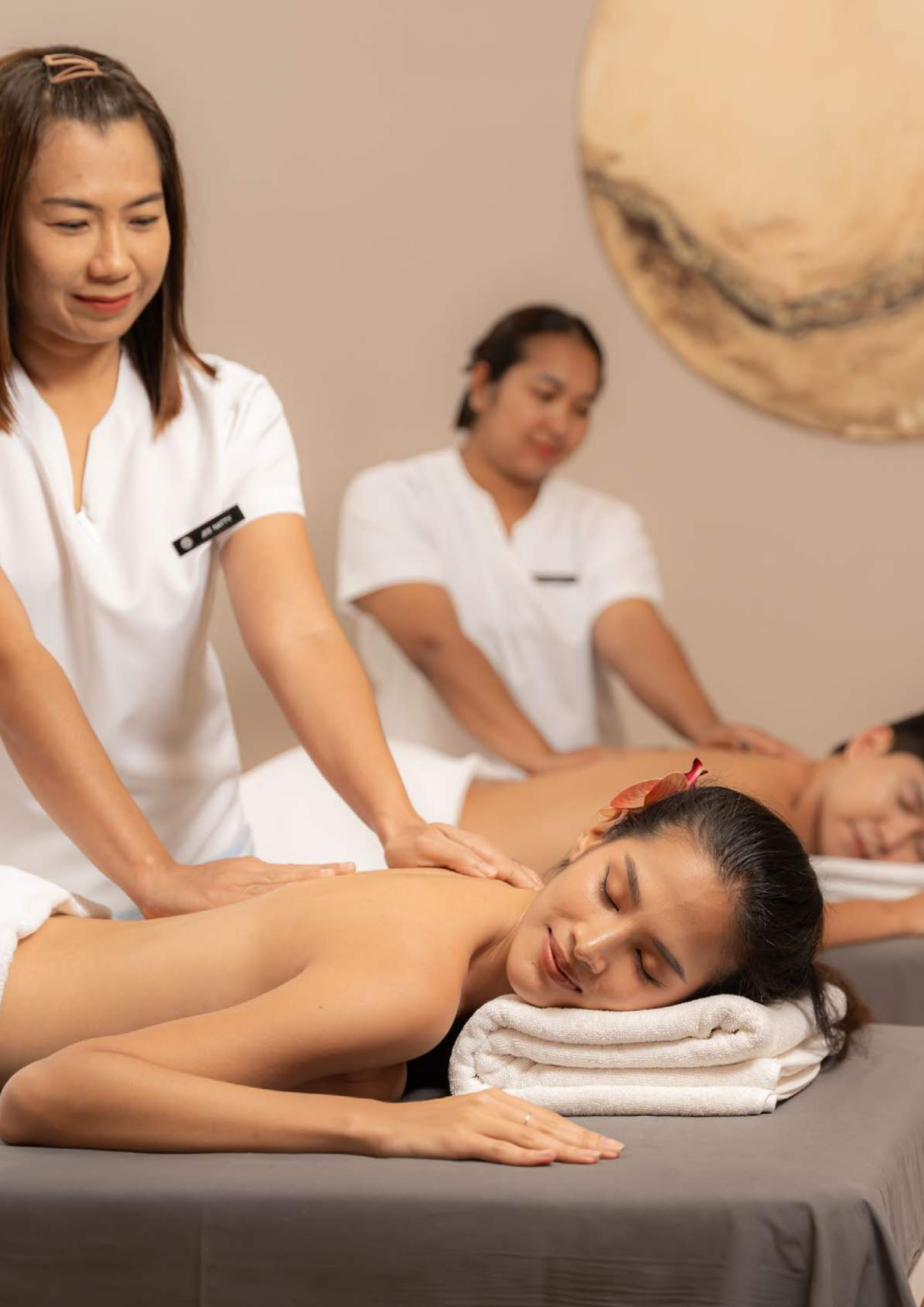
Experience the ultimate indulgence with our Aroma Face Massage, a luxurious treatment that combines the benefits of aromatherapy with gentle facial massage techniques. This rejuvenating experience not only enhances your skin's appearance but also promotes relaxation and well-being.

ABDOMINAL MASSAGE

Experience the healing benefits of an Abdominal Massage, a specialized therapy focused on gently stimulating the abdomen to promote digestive health, improve circulation, and relieve tension. This targeted massage technique not only supports the body's natural detoxification process but also nurtures emotional balance by addressing the core of your physical and energetic center.

INDIAN HEAD MASSAGE

Indian Head Massage combines gentle kneading, acupressure, and soothing strokes to release tension from the scalp, neck, and shoulders. This holistic technique not only relaxes the muscles but also rejuvenates the mind.



BODY TREATMENTS

DETOX SCRUB

45 Minutes.

Nourish and rejuvenate your body with the therapeutic properties of green tea.

TAMARIND SCRUB

45 Minutes.

Our specifically designed exfoliation treatment using natural products will leave you with a great feeling of revitalized, invigorated, and glowing, healthy skin.

COCONUT SCRUB

45 Minutes.

Suitable for all skin types, this gentle exfoliation treatment removes dead skin cells. This coconut exfoliation will nourish the skin to leave it silky smooth and soothed.

ALOE VERA BODY WRAP

45 Minutes.

The perfect wrap treatment to calm your skin from the sun's aggression by applying Aloe Vera all over your body. Will assist in maintaining that longer-lasting, healthy suntan.

DETOX BODY WRAP

45 Minutes.

Purify and detox with our body wrap, reducing stress, boosting circulation, and removing toxins while gently exfoliating your skin.

BODY MUD MASK

45 Minutes.

Experience our Body Mud Mask Treatment, a luxurious detox that softens and revitalizes your skin. Rich in minerals, it draws out impurities and replenishes moisture, leaving you refreshed and renewed.

FACIAL

REJUVENATING FORMULA FACIAL

60 Minutes.

Our stimulating facial massage with Hyaluronic and Align actives boosts cell energy, prevents premature aging, and restores firmness. It rejuvenates the skin, adding moisture and elasticity.

ULTRA-SENSITIVE FORMULA FACIAL

60 Minutes.

The gentle skin treatment for sensitive skin and skin that has been damaged by the sun reduces irritation and soothes the skin with Aloe Vera. The soothing Aloe Vera compounds are a natural relieve to redness and damage caused by the sun.

INTENSIVE GOLD FACIAL

75 Minutes.

A luxurious facial treatment that combines relaxing massage and wrinkle-reducing actives. It improves skin clarity and has anti-aging effects. Pentavitin extract protects collagen, fights free radicals, and repairs skin cells.

FIRMING & TIGHTENING FACIAL

75 Minutes.

The Firming Facial tightens and firms dull skin in one application. Egg white protein boosts collagen, while natural extracts hydrate and reduce wrinkles. The lightweight formula absorbs quickly and restores a youthful look.

KIDS TREATMENTS

MY FIRST TIME MASSAGE

45 Minutes.

This experience helps, relieve stress and anxiety.

MY FIRST TIME FACIAL

45 Minutes.

A mini facial designed to introduce the basic skincare to our young spa fans. This experience includes a cleaning, face massage and a gentle mask.

DAD AND ME IN PARADISE

60 Minutes.

Experience a father and son bonding time at the spa as Dad enjoys the combination of back, head, shoulder, and foot massage while he has a kids massage and foot massage treatment.

I LOVE YOU MOM

90 Minutes.

Combination of a body massage, express facial for mother and child to enjoy together



PRICE LIST

MASSAGES

Traditional Thai Massage.....	60/90 Minutes. 1,590/2,490
Rosalyn Signature Massage.....	60/90 Minutes. 1,790/2,690
Balinese Massage	60/90 Minutes. 1,790/2,690
Deep Tissue Massage.....	60/90 Minutes. 1,990/2,790
Thai Fusion Massage.....	90 Minutes. 2,790
Thai Herbal Compress Massage.....	90 Minutes. 3,090
Relaxing Candle Massage.....	90 Minutes. 3,090
Office Syndrome Massage.....	60 Minutes. 1,990

EXPRESS SPA

Foot Massage.....	30 Minutes. 1,190
Back Neck and Shoulder Massage.....	30 Minutes. 1,190
Intensive Head Massage.....	30 Minutes. 1,190
Indian Head Massage.....	30 Minutes. 1,390
Mini Facial.....	30 Minutes. 1,690
Aroma Face Massage	30 Minutes. 1,390
Abdominal Massage.....	30 Minutes. 1,390

BODY TREATMENTS

Detox Scrub.....	45 Minutes. 1,590
Tamarind Scrub.....	45 Minutes. 1,590
Coconut Scrub.....	45 Minutes. 1,590
Aloe Vera Body Wrap.....	45 Minutes. 1,790
Detox Wrap.....	45 Minutes. 1,790
Body Mud Mask.....	45 Minutes. 1,790

FACIAL

Rejuvenating Formula.....	60 Minutes. 2,890
Ultra-Sensitive Formula.....	60 Minutes. 2,890
Intensive Gold	75 Minutes. 3,190
Firming & Tightening	75 Minutes. 3,190

ADDS ON

Steam.....	30 Minutes. 500
Aroma, Milk Bath.....	30 Minutes. 1,000

SIGNATURE PACKAGES

Vichy Hydrotherapy.....	75 Minutes. 3,590
Indulge Body Balance.....	120 Minutes. 4,990
Rosalyn Coconut Paradise.....	150 Minutes. 4,790
Healing Stone Massage.....	90 Minutes. 2,790
Ayurveda Experience.....	120 Minutes. 3,490
Re-Balance Body Element.....	165 Minutes. 3,990
Couple Retreat.....	160 Minutes. 8,990

KIDS SPA

My First Time Massage.....	45 Minutes. 1,190
My First Time Facial.....	45 Minutes. 1,490
Dad and Me in Paradise.....	60 Minutes. 3,990
I Love You Mom.....	90 Minutes. 4,990

All prices are inclusive government tax and service charge.



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